



Transforming society by optimizing movement to improve the human experience.

# California SSIG Newsletter

Volume 1 Issue 4

Summer 2017

## AB387: Impact on Clinical Education for PT and PTA Students

By Scott McAfee, SPT

It's your choice... passively observe as key events unfold before you or actively participate in determining your future. Every day, our profession of Physical Therapy is directly affected by legislation. Both state and national legislators hear from various healthcare professionals on a regular basis, and this legislation affects everything from scopes of practice to licensing and certification. Only through active advocacy can we join together and be a powerful voice for physical therapy to ensure our interests are protected in Sacramento and Washington, D.C.

...(Continued on p. 6)



### Contents:

Meet your Officers! p. 2  
Student Spotlight p. 2  
Upcoming Events p. 3  
Community Service p. 3  
CPTA Conference info p. 4  
AB387, cover story continued p. 5  
Highlights WCPT p. 6 & 7  
It's Summer! p. 8  
Cal-PT-PAC Letter p. 9  
APTA/CPTA News p. 9  
Award Winners from NEXT p. 10  
Core Ambassador Address p.10

# Meet Your New Officers!



**President: Benjamin Yu, SPT**  
Email: [president.cassig@gmail.com](mailto:president.cassig@gmail.com)  
DPT Class of 2019 at University of Southern California

My vision for the SSIG is to help empower students across California to become more well-rounded leaders that will ultimately drive the profession of physical therapy forward. Utilizing the SSIG to provide leadership, networking, and mentorship opportunities to foster personal and professional development, while also finding ways to provide educational courses that help narrow the gap between differing curricula are the foundation of my vision. Outside of school, I enjoy traveling, staying active, and attending live music events. After graduation, I'm hoping to do an orthopedic residency and a spine fellowship to follow, with the hopes of eventually opening up my own practice a number of years down the line.

**Vice President: Rachel De Los Santos, SPT**  
Email: [vp.cassig@gmail.com](mailto:vp.cassig@gmail.com)  
DPT Class of 2019 at San Diego State University

My vision of the Student Interest Group is to not only be a platform for communication, growth, and opportunity, but to also respectfully represent our students, and emphasize teamwork as we advance in our education. Outside of school you can either find me on the trails running, in the gym, or out on the road cycling. Professionally, I plan on continuing my education and pursuing my passion with a Fellowship in Applied Functional Science.

**Secretary: Madalyn Jasper, SPT**  
Email: [secretary.cassig@gmail.com](mailto:secretary.cassig@gmail.com)  
DPT Class of 2018 at Western University of Health Sciences in Pomona, CA

My vision is for the SSIG to provide us with opportunities to be heard and to advocate for ourselves as future healthcare professionals, as well as for the betterment of our future patients' care. I envision that the SSIG will provide a networking platform for students, where we can communicate our thoughts, discuss our ideas, and exchange contact information. Outside of PT school I enjoy traveling, spending time with my family, and country music! Following graduation, I hope to enter the pediatric sports-ortho field.

**Treasurer: Megan Romero, SPT**  
Email: [cassig.treasurer@gmail.com](mailto:cassig.treasurer@gmail.com)  
DPT 2018 at San Diego State University

My vision for the SSIG this year is to present the most opportunities for the students across California. We hope to reach more students than ever and increase continuing educational opportunities such as HVLA and other courses, networking opportunities with veteran clinicians and pub nights, community outreach, and fun at conferences! In my free time I enjoy running, any sport outdoors and in the sun, as well as volunteering for various charities. Once I graduate school my goal is to continue to my learning, always adding to my tool bag while staying involved with the CPTA/APTA and community outreach.

## Student Spotlight



**Carla Baxter, SPT**  
San Diego State University C/O  
2018

**I chose PT because...**had to undergo a delicate surgery as a 16-year-old. As the months went by and I began gaining strength, I was astounded to see the way my body adapted to the challenges it was put through. From that point on in my life, I knew I wanted to be involved in the medical field. Not only was I absolutely marveled by the human body, but most importantly I knew I wanted to be there to comfort patients that were also struggling with their health.

**My passion outside of school is...**I absolutely love sharing my time with others to serve the community! I find such fulfillment in connecting with members of our community through acts of service and it helps promote our profession to the public!

**The APTA is...** a platform through which both students and clinicians can voice their thoughts and work towards change. I believe APTA membership as a student, as well as in my future PT career, is valuable because it provides advocacy, continuing education, and professional growth opportunities and it will allow me to continue to advocate for my profession!

## Upcoming Events

Life Rolls On, They Will Surf Again  
Huntington Beach, CA  
August 26<sup>th</sup>

SSIG Business Meeting  
San Diego, CA  
September 15<sup>th</sup>

PT Pub Night  
San Diego, CA  
September 15<sup>th</sup>

CPTA Annual Conference  
San Diego, CA  
September 16<sup>th</sup> & 17<sup>th</sup>

National Student Conclave  
Portland, OR  
October 19<sup>th</sup> – 21<sup>st</sup>

## Community Spotlight: mAss Kickers Kickball Tournament

By Emily Carper, SPT

In June, students from San Diego State University's DPT Program partnered with mAss Kickers Foundation to put on a kickball tournament, raising funds to contribute to resources for those affected by cancer and their families. The annual tournament, reached record attendance with 11 teams! SDSU's DPT Program made up 5 of the 11 participating teams, including one team of alumni players! We were joined by PTA students from Concorde Career College, a team of brave survivors, and other philanthropic community members.

Each team played four games, followed by a round of playoffs and ended with one of SDSU's DPT student teams taking victory and winning the ever-coveted mAss Kickers championship chalice! The event raised over \$3,500 for families affected by cancer, and each of our student and community participants played an integral role in this total.

This event was made possible through the collaboration between SDSU's DPT Student Association and mAss Kickers Foundation. This was a wonderful way to come together with other students in the physical therapy field for a truly worthy cause.

Have you been doing work in your local community? We would love to hear about it!  
Email us your story and photos:  
[CASSIG@gmail.com](mailto:CASSIG@gmail.com)



## How to Prepare for CPTA Conference. By Rachel Wheeler, SPT

This years' 2017 CPTA Annual Conference will be held in San Diego, September 16-17th. It will take place at the San Diego Convention Center, adjacent to the historical Gaslamp Quarter where entertainment and other satellite events will be held during the convention. In preparation for this exciting event, here are some tips to keep in mind...

**Some reasons why to attend:** *The CPTA Conference provides the opportunity to meet respected PTs, PTAs, SPTs and SPTAs from all over the state as well as candidates representing CPTA membership. This event is where all of the latest technology being used within the profession can be viewed and sampled. Lastly, arguably one of the most important parts of the conference, are the presentations providing up to date techniques and what can be incorporated into future practice.*

**How to attend:** *Registration is online at [ccaпта.org](http://ccaпта.org), and if you are already a CPTA member and a student, a discount is available. There are hotels in the area, and can be found on the registration website. Another option is to use a house rental website, however, be careful of scams and be sure to research how far away the house actually is from the convention center. One suggestion is to avoid driving as much as possible as parking is \$15 a day at the convention center.*

**At the event:** *Some highlighted speakers and presentations are President of the CPTA, Christopher Powers, giving a presidential address as well as a keynote address with Shirley Sharman on Saturday beginning at 8am, so be ready to rise early! Another presentation, that Saturday afternoon, will be about the LGBTQ community and PT treatment with respect to cultural competency by Karla Bell, a major advocate for the LGBTQ community and is traveling all the way from University of Delaware to be at this event. Michael Wong will also be there presenting on the upper extremities, as well as Michele Lobo presenting on some "FUNctional Fashion & Wearable Technology" talking about wearable mobility devices, which will definitely be interesting to see on Sunday. There are also social events happening in the evening such as The CA Student SIG business meeting followed by PT Pub night to start things off Friday night before the conference. Barrels and Brews will be followed by the CAL-PT-PAC dinner, an incredibly memorable event and an opportunity to network that should not be missed, on Saturday night. The Exhibit Hall will be open both Saturday and Sunday, and will house many new products along with exciting new technology to see, and free samples too! Last but not least, the 2017 Candidates Forum is on Friday, September 15, from 6:30 – 7:30 p.m. and will give CPTA members the chance to meet candidates running for CPTA office, and ask them questions about their views and visions for the future of the profession, the CPTA, and healthcare in general.*

If you plan on posting photos while at the conference, using social media, add the official hashtag of the event: **#CPTAconference**. You can also use **#CASSIG**, we would love to see what you have to share!

What would you like to read about? Submit your ideas for a featured article to [CASSIG@gmail.com](mailto:CASSIG@gmail.com) with subject line: "RE: Featured Article"



# AB387 (continued from cover)...

The first step to becoming an active advocate is to become aware of the most important current issues that our profession faces. So here are the key legislative developments that the CPTA and APTA are paying attention to on a state and national level, respectively...

## CURRENT STATE LEGISLATION

### **AB 387 Minimum Wage for Clinical Training**

**Status:** Awaiting 3rd hearing

**CPTA Position:** Oppose

**Info:** This bill would expand the definition of “employer” to include anywhere allied health professionals satisfy requirements for licensure, registration, or certification. CPTA is concerned how this bill’s minimum wage requirements could therefore impact clinical placements for PT and PTA students. Financial requirements would likely be absorbed by schools and cause the cost of education to rise.

### **AB 1510 Athletic Trainers Licensure**

**Status:** Currently a two-year bill and cannot move forward in the legislative process this year

**CPTA Position:** Oppose

**Info:** This bill would have provided licensure of athletic trainers and would have defined athletic training as: “The rehabilitation and reconditioning from an injury sustained or exacerbated while participating in physical activity.” CPTA is concerned that the scope of practice outlined in this bill is overly expansive and not consistent with the education and training of athletic trainers.

### **AB 715 Workgroup review of opioid pain reliever use and abuse**

**Status:** In committee process

**CPTA Position:** Support

**Info:** This bill would require the State Department of Public Health to convene a workgroup to review existing prescription guidelines and develop a recommended statewide guideline addressing best practices for prescribing opioid pain relievers by 2019.

## CURRENT NATIONAL ISSUES

### **H.R. 1639/S. 619 Support Access to PT Services in Rural and Underserved Areas**

**Status:** Active bill

**APTA Position:** Support

**Info:** This bill would provide greater patient access to rehabilitation services in rural and underserved areas of the country, as there is currently no rehabilitative care component within the National Health Service Corps (NHSC). This bill would also include physical therapists in the NHSC Loan Repayment Program.

### **H.R. 807/S. 253 Support the The Medicare Access to Rehabilitation Services Act**

**Status:** Active bill

**APTA Position:** Support

**Info:** In 1997, the Balanced Budget Act created an annual financial limit on physical therapy and speech-language pathology services, commonly called the “therapy cap.” This cap limits access to rehabilitative services that many Medicare beneficiaries require. In 2015, a bill to repeal and reform this cap was two votes short of passing in the 113th Congress. A new and improved bill has been introduced this year with the same goal in mind.

I hope you found this legislative update valuable and are now informed of the pressing issues our profession faces on state and national levels. Now, it’s up to you to advocate! I hope you carry the torch of advocacy and make a difference in your respective communities.

Feel like you’re ready to get involved?

For more information on how you can become an advocate go to:

<http://www.ccapta.org/general/custom.asp?page=204>

# Highlights from WCPT: LGBTIQ Issues in Physical Therapy

By, Cathy Soliva, SPT

**W**hen I saw that there was a discussion at this year's World Confederation for Physical Therapy session titled: "Lesbian, gay, bisexual, transgender, intersex, and questioning (LGBTIQ) issues: increasing awareness and action in physical therapy practice," I was floored. We barely even talk about LGBTIQ issues in PT in the States. It has been discussed at the last two Combined Sections Meetings, and one of the speakers for LGBTIQ issues in PT is going to speak at CPTA Conference in September, but it's a topic that doesn't have a lot of traction in the PT world. Not yet. Some of the PTs I've asked about this say, "It doesn't matter. I just treat everyone the same." To which I really want to say: blinding yourself to the things that make someone different isn't the same as respecting them and seeing them for their whole selves. Especially when the thing that makes them different, their sexual orientation and gender identity, can be the cause for so much turmoil, and which you as their healthcare provider need to respect.

So, I was astounded to see this at the WCPT, especially considering the state of anti-homosexuality laws in many African countries. South Africa is actually very progressive on this, having legalized same sex marriage in 2006. However, countries in Africa that continue to make "homosexual acts" punishable by prison time include: Algeria, Angola, Botswana, Cameroon, Democratic Republic of Congo, Egypt, Ethiopia, Gambia, Ghana, Guinea, Kenya, Liberia, Libya, Malawi, Morocco, Mozambique, Nigeria, Somalia, Sudan, Tanzania, Uganda, Zambia, and Zimbabwe.

I was in a country that legalized same sex marriage before my own country, but in a continent where being lesbian, gay, bisexual, transgender, or queer could land you in jail.

Needless to say, I was very curious to see what the discussion panel had to say, who would attend, and just be thankful that for the first time, this topic could be talked about at a world congress for physical therapists. The panel was composed of five speakers, all physical therapists except one legal adviser. All female (or female presenting), and one male. Some were straight, and some were queer. And the panel began with this:

## **Question: What is sexual orientation vs gender identity?**

Darren Brown, a physiotherapist from the UK who specializes in treating patients with HIV, answered this question and was supplemented by the "Genderbread Person." Gender identity is how you, in your head, think about yourself. It is the chemistry that composes you and how you interpret what that means. There is a spectrum from woman to genderqueer to man.

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own. There is a spectrum from heterosexual (attraction to the opposite gender) to bisexual (attraction to both genders) to homosexual (attraction to the same gender). But it gets more complicated than that because we also have biological sex and gender expression.

Biological sex refers to objectively measurable organs, hormones, and chromosomes. Female means having a vagina, ovaries, and XX chromosomes. Male means having a penis, testes, and XY chromosomes. Intersex means having a combination of the two. Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact. There is a spectrum from female to androgynous to male.

There is also cisgender vs transgender. A cisgender person identifies as their sex assigned at birth, so their gender identity matches their biological sex. A transgender person does not identify with their sex assigned at birth, so their gender identity does not match their biological sex.

## **Question: Why do we need to understand sex and gender in a clinical setting?**

This was answered by Uchenna Ossai, a PT from Texas who specializes in working with transgender patients in a PT setting. She responded that part of it had to do with *minority stress*. Minority stress, as defined by the American Psychological Association, is "the relationship between minority and dominant values and resultant conflict with the social environment experienced by the minority group members." As it applied to LGBTIQ patients, the minority stress theory "proposes that sexual minority health disparities can be explained in large part by stressors induced by a hostile, homophobic culture, which often results in a lifetime of harassment, maltreatment, discrimination and victimization and may ultimately impact access to care."

We know that the LGBTIQ youth are more likely to commit suicide and be homeless. Gay men are at higher risk for HIV and STDs, especially among communities of color. Transgender people have a high prevalence of victimization, mental health issues, suicide, and are less likely to have health insurance. Elderly LGBTIQ people are more likely to experience isolation, lack of social services, and culturally competent providers. This is minority stress. Ossai identified as a straight, cisgender, black woman who understood minority stress from her experience as a black woman and could understand that in her transgender patients. She understood that even just acknowledgement of her patient's identity and orientation could be therapeutic and healing.

## LGBTIQ Issues (continued)...

Dolores Kandelin Mogard, a legal adviser from Sweden, also said that heteronormativity is so dominant, and seen as normal, that it's not seen as a sexual orientation at all.

Jenny Setchell, a PT from Australia who does research on weight stigma, talked about the power imbalance that often comes with being LGBTIQ because being queer is seen as less powerful than being straight. Setchell also works with transgender men who have had top surgery, and said it was important for her patients that she could look at them and their scars and not be judgmental.

The final question to wrap up the discussion was this:

### **Question: So what can we, as PTs, do for our LGBTIQ patients?**

Someone answered that the most important thing for you to do if your patient comes out to you is not to freeze. You don't want to sit there looking shocked, but neither do you want to pretend you didn't hear anything. Just be normal. If your female patient says she has a wife, you can ask "what does your wife do?" Make your patients feel that it's ok, and normal, to talk about their partners and their lives.

Mogard suggested a rainbow flag in the reception room. And the importance of using the word "respect" instead of "tolerate." *Don't* say, "I tolerate you for being gay." *Do* say, "I respect that you are a gay person."

Ossai suggested that we look inside ourselves first, because our biases tend to come out in stressful situations and we need to know what those biases are before we treat LGBTIQ patients.

There are many more ways to make our LGBTIQ patients feel safe in our clinics, including using gender neutral language when asking about a patient's family and respecting a patient's choice of language when describing their gender identity and sexual orientation. The field guide from the Joint Commission on Advancing Effective Communication, Cultural Competence and Patient Centered Care for the LGBT Community is a good resource for this.

*Take away from this discussion:* 1) LGBTIQ issues in PT are becoming a worldly topic, 2) There is a lot of education that can happen in terminology alone, and 3) LGBTIQ issues are worth talking about, even if you think you're already supportive, or if you think there is no need.

### **Resources:**

1. <https://www.loc.gov/law/help/criminal-laws-on-homosexuality/african-nations-laws.php>
2. <http://itspronouncedmetrosexual.com/2011/11/breaking-through-the-binary-gender-explained-using-continuums/#sthash.pPIARQof.dpbs>
3. <http://www.transstudent.org/definitions>
4. <http://www.apa.org/pi/aids/resources/exchange/2012/04/minority-stress.aspx>
5. <https://www.healthypeople.gov/2020/topics-objectives/topic/lesbian-gay-bisexual-and-transgender-health>
6. The Joint Commission: Advancing Effective Communication, Cultural Competence, and Patient- and Family-Centered Care for the Lesbian, Gay, Bisexual, and Transgender (LGBT) Community: A field Guide. Oak Brook, IL. Oct. 2011. [LGBTFieldGuide.pdf](#)



**World Confederation  
for Physical Therapy**

Curious about how to attend a WCPT conference? Go to: [www.wcpt.org/news-and-events](http://www.wcpt.org/news-and-events) for more information. This conference is held every two years, WCPT 2019 will take place in Geneva!



# It's Summer! Tips for Maintaining Work-Life Balance.

By Nicole Garlit, SPT

## *It's that time of the year.*

Sun's out, you may be on break from school, and your pockets are looking a little dry. Seeking a new part-time job? Trying to pick up more hours at work? Well, here are some tips to maintain that work-life balance throughout the summer and even into your future careers as physical therapists.

## *Set priorities*

We wear many hats within the context of our lives- family member, friend, partner, parent, student, employee, etc. Work-life balance isn't about equality. It isn't about offering the same time and energy to each category. It's about reflecting on which aspects of your life are more meaningful to you and prioritizing your efforts into meeting the needs of each role respectively. By doing this, you can set realistic goals that will help you successfully balance your responsibilities.

## *Have feasible expectations*

We'd like to think we can do it all, but sometimes trying to do it all is what causes us to lose sight in what's really important to us. Setting expectations is just like setting goals. Expectations should be measurable and attainable. Expecting too much from ourselves can often lead to burnout. Expecting too little impedes our potential growth and development. Start by setting daily expectations. Each day, you will expect something different from yourself, life, and those around you. Then begin to set weekly, then monthly and yearly expectations. This is good practice because it allows you to reflect on what you need and strategies to achieve your goals.

## *Manage your time wisely*

After you've set priorities and expectations, you can allocate the appropriate amount of time and energy into your various roles. There are certain responsibilities that may require a specific amount of time in your day, like work. Then, there are other aspects of life that are more flexible, like spending time with friends and family. Create a calendar that incorporates all roles and responsibilities, so everything is in one place that is easily accessible. Try to eliminate or reduce things in your day that don't contribute to your well-being or productivity. Exert your energy into the things that will leave you feeling fulfilled after each day.

Find a good article on orthopedics for our next issue? Submit to [CASSIG@gmail.com](mailto:CASSIG@gmail.com) with subject line: "RE:Research" and stay tuned to see if your article is featured!



## *Seek a mentor and establish relationships*

We may be able to do it all, with the help of a strong network of support groups in school, work, and home. Establish relationships that help you to live life with purpose. Seek mentors that can guide you through your professional career and connect you to the resources you need to succeed. It's impossible to do everything on your own, but with the proper mentors and support system, you can accomplish anything.

## *Regularly reassess, modify, and reset*

Life is dynamic. We are faced with changes, challenges, and transitions. Life demands us to consistently reassess our priorities and goals. It is important to make modifications as we see fit and press the reset button if things aren't going as we would expect. Does this sound familiar? It's similar to treating patients. We owe it to ourselves to adapt to our dynamic lives so that we can continue to maintain balance through every phase.

## *Ultimately, do what makes you HAPPY*

It's not worth it unless it brings you substance in your life. Involve yourself in things that will make you happy and contribute to your growth as an individual and professional. This is the key ingredient in maintaining work-life balance.

## **Stay Up to Date with the Latest PT News!**

- Join our Facebook Group: California Student Special Interest Group
- Follow us on Twitter
  - @CASSIGtweets
  - @CPTAtweets
  - @APTASA

## A Letter from the CAL-PT-PAC Student Trustee

Dear Fellow Students of Physical Therapy,

Like many of you, I soon will enter the workplace as a licensed physical therapist. Yet, as a student, there are many things I can do now to ensure I get the most out of my career, which also will be good for my patients. I became a physical therapist because I wanted to help people regain or realize their physical potential. Our scope of practice enables us to provide excellent care to our patients, and it is something we must fight for and protect. Unfortunately, there are no days off for PTs and PTAs when it comes to politics and protecting our scope of practice. From many corners of the healthcare field and beyond, people continue trying to infringe upon our scope of practice for personal gain. We provide a unique and valuable service that requires independence and autonomy, and we simply cannot let outside forces dictate how we provide care, which often is at the expense of patients' and therapists' wellbeing.

I'm writing this with the hope that you believe as I do and will feel inspired to go the extra mile in support of our profession. If I can inspire one person to write his or her legislator about pending legislation; connect with a legislator or patient to advocate for our profession; or educate the public on the miracles PTs and PTAs can achieve, then I've done my job. When we promote our profession, we create a greater possibility for future physical therapists to further reach their potential to as a healer of physical suffering.

This is why I became a part of the CAL-PT-PAC; I want to promote what we do! The battles ahead may seem daunting, but if we band together we can win for our patients as well as ourselves. One way to support the CAL-PT-PAC is to become a Student Cub member, which is a student who donates at least \$20 annually. Your \$20-dollar contribution will help fund your professional organization in continuing to represent you in the future. As a Student Cub donor, you will earn a Cub lapel pin signifying your commitment to the profession, and the PT or PTA program with the most Student Cubs will receive five complimentary tickets to the 2017 CAL-PT-PAC Dinner, Saturday September 16, 2017 at the CPTA Annual Conference in San Diego. This is a great opportunity to network and meet with some of the most influential individuals in our state on matters related to physical therapy.

To make this vision a reality, we ALL need to invest in our profession. As a fellow student of physical therapy, whether a PT or PTA, please, follow and engage in the CPTA and the CAL-PT-PAC. Together, with our professional organization, we can set in motion the changes we would like to see in our field.

Join me in protecting our future profession by investing a small amount to CAL-PT-PAC today. [Donate here](#) and watch your profession thrive!

Sincerely and in solidarity,  
Jason Shepardson, SPT  
CAL-PT-PAC Student Trustee

## APTA/ CPTA News!

1) [Here](#) is the latest edition of the **Pulse**. In it you will find articles about:

- Helpful [apps](#) to survive PT school
- How some PT students are using [Disney-style dance exercises](#) with kids in hospitals (genius)
- How students can use the newest [APTA Financial Solutions Center](#)
  - The main resources on here are about financial education as well as for student loan refinancing and paying off debt.

2) Register for the [2017 CPTA Annual Conference](#)!

- This year's conference is at the **San Diego Convention Center Saturday, 9/16 - Sunday, 9/17.**
- There are 25 educational sessions to choose from, opportunities for networking, and of course an Exhibit Hall!
- Here is the [brochure](#) covering all details for more information on specifics.

3) As some of you may know, APTA NEXT Conference was recently held in Boston, MA. Check out the [Media Center](#) for key interviews and updates from the event.

## APTA Student Awards and Scholarships.

At the APTA NEXT Conference in Boston, MA the following students were presented with:

- **Minority Scholarship Award**
  - Adrianna Hermosillo - West Coast University
  - Matthew Downey - CSU Long Beach
- **Outstanding Core Ambassador**
  - Matthew Downey - CSU Long Beach

*Congratulations!*

*For information on upcoming scholarships:*

[Mary McMillan Scholarship Award](#)

[Minority Scholarship Award](#)

[Outstanding PT/PTA Award](#)



## Core Ambassador Address

*Please Welcome Chris Odell and Cathryn McCandless, your 2017-2018 California Core Ambassadors! Cathryn is a 2nd Year DPT student at Sacramento State and Chris is a 2nd Year student at Long Beach State University. Both are eager to get to work to help make 2017-2018 a great year to be involved with your local, regional and National APTA Leadership Organizations.*

Happy Summer DPT and PTA Students!

This summer is flying by and fall is right around the corner. We wanted to let you know about some great leadership opportunities coming up for DPT and PTA students.

Have you renewed your student membership? The APTA and CPTA offer great discounts to students to become members of these organizations. Don't miss an opportunity to get discounted prices to conferences, networking opportunities and to be involved in your professional leadership organization! For more information, please check out the Student SSIG website.

The California Physical Therapy Association's (CPTA) Annual Conference is taking place in San Diego Saturday and Sunday September 16-17. Student members and non-members of the APTA receive a discounted conference price and access to an opportunity to network with leaders in the field of PT and PTA. We hope you will join us there! For more information, visit:

PT Day of Service is almost here! Do you have a great idea of a way to volunteer? Join in with other PT professionals and donate a day of service to your community. PT Day of Service will take place October 14, 2017. More information can be found at: <http://ptdayofservice.com/>

Cathryn McCandless, SPT & Chris Odell, SPT  
California Core Ambassadors, APTA